



SIR ELLIS KADOORIE SECONDARY SCHOOL (WEST KOWLOON)

No. 22 Hoi Fan Road, Tai Kok Tsui, West Kowloon, Kowloon.

Tel: 2576 1871 Fax: 2882 4548

E-mail address: sekss100@edb.gov.hk

School Website: www.seksswk.edu.hk

Parents' Letter No. 22

2 June 2021

Dear Parents/Guardians,

Pre-Yearly Examination After-school Online Tutorial Classes (2020/2021), Criteria for Awarding Coursework Marks, Parent Education by Mother's Choice (Part 2) & Principal's Meeting with Parents (Reminder) and Information Kit on Enhancing Life Resilience and Related Resources

Please be informed of the following matters:

1. Pre-Yearly Examination After-school Online Tutorial Classes (2020/2021)

The Yearly Examination will be conducted from 11 to 28 June 2021. To help students prepare for the examination – and in addition to the revision they do at home – students may also attend pre-exam after-school online tutorial classes organized by the school. These online tutorial classes will be held between 8 and 10 June from 2:30 p.m. to 3:30 p.m. using ZOOM, and are conducted by members of the teaching staff. Your child / ward is welcome to attend the class(es) of his / her choice. For details of the classes, please refer to Attachment 1.

Let's join hands to work together to encourage our students, your children, to work hard to realize their academic potential!


2. Criteria for Awarding Coursework Marks

Since the Second Term Test originally scheduled in the school calendar has been cancelled due to suspension of face-to-face classes, the criteria for awarding the coursework marks are adjusted as follows:

Allocation of Marks (Original)	Allocation of Marks (Revised)
Coursework Marks (25%) <ul style="list-style-type: none">• Term test (10%)• Classroom performance (10%)• Assignments (5%)	Coursework Marks (25%) <ul style="list-style-type: none">• Classroom performance (10%)• Homework/E-learning & E-assignments and/or quizzes (15%)

3. Parent Education by Mother’s Choice (Part 2) & Principal’s Meeting with Parents (Reminder)

Event I {Parent Education by Mother’s Choice (Part 1)} has been completed on 7 May 2021 using ZOOM. Parents and guardians are reminded and strongly encouraged to participate in Event II on **4 June 2021**. You may either join the event **face-to-face at school** or by means of **ZOOM**. Details are as follows:

Event II: Parent Education by Mother’s Choice (Part 2) & Principal’s Meeting with Parents		
Date	4 June 2021 (Friday)	
Time	3:00 pm – 5:00 pm	5:15 pm – 6:15 pm
Content	Parent Education by Mother’s Choice – Developmental Needs of Adolescents (Part 2)	Principal’s Meeting with Parents <ul style="list-style-type: none"> • Message from the Principal • New School Developments (2021-2022) • Promotion Criteria • Support Measures during suspension of face-to-face lessons • Sharing by school social workers and PTA members on the impact on students during Covid-19 • “Q & A” session
Face-to-face	Room 109 (1/F)	
Zoom	Meeting ID: 743 994 7357 Password: 1AdvkG https://zoom.us/j/7439947357?pwd=VjlxNjBhcUgvSmhvampraWdIaUpudz09 	

4. Information Kit on Enhancing Life Resilience and Related Resources

Affected by the COVID-19 pandemic, coupled with the approach of the yearly examination, parents and students accumulated stress and negative emotions. To promote mental health amongst students and to enhance support for students with mental health needs, the Education Bureau (EDB) has prepared an Information Kit on Enhancing Life Resilience. The information kit aims to provide

handful tips to help school personnel and parents early identify students with emotional difficulties and seek timely support, as well as to enhance students' resilience against adversity. For details, please refer to Attachment 2 or visit the EDB website via the hyperlink below:

<https://www.edb.gov.hk/tc/teacher/prevention-of-student-suicides/resourcepackagesandguidelines.html#New>

Wish you good health and happiness!

Yours faithfully

YEUNG KWONG Mong Ha
Principal

This Parents' Letter can be found on our school homepage (<http://www.seksswk.edu.hk/>) and eClass Parent App.

官立嘉道理爵士中學（西九龍）
二零二零至二零二一年度 第二十二號家長信

各位家長/監護人:

2021年6月2日

(一) 「學年考試前課後線上研習班」(2020-2021)

本學年考試將於2021年6月11日至6月28日舉行，是次研習班旨在增強同學的學習能力及學科知識，為學年考試打好基礎。(詳情請參閱本家長信附錄一。)

「學年考試前課後線上研習班」將於2021年6月8日至6月10日下午2時30分至3時30分透過ZOOM進行。研習班由本校老師指導，歡迎貴子女參加，以鼓勵他們努力溫習，準備考試。


(二) 平時分的計算準則

鑑於停課關係，原本安排的下學期測驗被取消了，所以平時分的計算準則也作出了相應的調整。(詳情請參閱英文版。)

(三) 「母親的抉擇」家長教育講座(第二部份)及「校長與家長交流會」(溫馨提示)

活動一：「母親的抉擇」家長教育講座(第一部份)已於2021年5月7日以網上會議形式舉辦。

活動二將於6月4日以實體會議及網上會議形式同步進行，請家長踴躍參加，詳情如下：

活動二：「母親的抉擇」家長教育講座(第二部份)及「校長與家長交流會」		
日期	2021年6月4日(星期五)	
時間	下午3時至5時	下午5時15分至6時15分
內容	「母親的抉擇」家長教育講座— 青少年發展需要(第二部份)	「校長與家長交流會」 <ul style="list-style-type: none">● 校長的話● 學校最新發展(2021-2022)● 升班條件● 暫停面授課堂期間的支援措施● 學校社工及家長分享疫情對學生的影響● 答問環節
實體會議	109室(一樓)	
Zoom 網上會議	會議帳號：743 994 7357 密碼：1AdvkG https://zoom.us/j/7439947357?pwd=VjlxNjBhcUgvSmhvampraWdIaUpudz09 	

(四) 「提升生命韌力」小錦囊及相關資源

受到疫情影響，加上期終考試臨近，家長和學生累積的壓力和負面情緒需要得到合適的紓緩和疏導，否則可能引致精神健康問題。為促進學生的精神健康，以及加強支援有精神健康需要的學生，教育局製作了「提升生命韌力」小錦囊。小錦囊提供簡便資訊，幫助家長及早識別有情緒問題的學生並尋求適時支援，同時協助學生提高應對逆境的韌力。詳情請參閱本家長信附錄二或可到以下連結瀏覽：

<https://www.edb.gov.hk/tc/teacher/prevention-of-student-suicides/resourcepackagesandguidelines.html#New>

此家長信可於學校網頁 (<http://www.seksswk.edu.hk/>)及 eClass 家長應用程式內查閱。

Pre-Yearly Examination After-school Online Tutorial Classes (2020/2021) Meeting ID and Passwords

Dates: 8 to 10 June 2021

Time: 2:30 p.m. - 3:30 p.m.

Subject Department	8 Jun 2021 (Tue)	9 June 2021 (Wed)	10 June 2021 (Thur)
Chinese Language	(S4-S5) 928 807 3921 bPAJ5S	(S4-S5) 928 807 3921 bPAJ5S	(S1-S3) 928 807 3921 bPAJ5S
Chinese for NCS students	(S4-S5) 823 132 7866 v26a8Z	(S1-S3) 823 132 7866 v26a8Z	(S1-S5) 823 132 7866 v26a8Z
English	(S1) 613 704 1971 j0we48	/	(S2) 613 704 1971 j0we48
			(S3) 226 499 9598 J2mzUZ
Mathematics	(S4-S5) 203 487 9922 vZ8Qr2	(S1-S3) 203 487 9922 vZ8Qr2	(S1-S5) 203 487 9922 vZ8Qr2
Liberal Studies	(S5) 805 636 2646 mdw3jd	(S4) 805 636 2646 mdw3jd	(S4) 805 636 2646 mdw3jd
			(S5) 262 114 3033 3j7VTu
Life & Society	(S2) 515 538 7349 w8fQvX	(S1) 515 538 7349 w8fQvX	(S3) 515 538 7349 w8fQvX
Chemistry	(S4) 865 850 1975 qvwq10	(S.5) 865 850 1975 qvwq10	/
Biology	(S5) 957 501 9075 cSP17W	/	(S4) 957 501 9075 cSP17W
Physics	(S5) 823 062 9561 LCb2br	(S4) 823 062 9561 LCb2br	/
Integrated Science	(S1) 233 632 7492 GTiw4b	/	(S3) 233 632 7492 GTiw4b
	(S2) 206 440 8460 wez3FK		
BAFS	(S4) 739 516 5787 bqvQC9	/	(S5) 739 516 5787 bqvQC9
Economics	(S4) 862 145 2236 i1Z1TM	(S5) 862 145 2236 i1Z1TM	/
ICT	/	(S4) 944 610 1545 aD3f4e	(S5) 944 610 1545 aD3f4e
Geography	(S1-S3) 638 055 1548 4P1UhZ	(S1-S3) 638 055 1548 4P1UhZ	(S1-S3) 638 055 1548 4P1UhZ
			(S4-S5) 943 189 4702 G7z2Xj
THS	(S4) 981 538 0549 V9PRVW	(S5) 981 538 0549 V9PRVW	/
HKDSE PED	(S4) 885 203 3471 XUKL1U	/	/
	(S5) 253 273 6283 bwk2zx		

有關精神健康的參考資源

1. 社區資源及求助熱線

如教師或學校人員發現學生有精神健康問題，可協助他們尋求社區專業支援服務。

<https://www.edb.gov.hk/tc/teacher/prevention-of-student-suicides/communityresourcesandhelplines.html>



2. 精神健康推廣 – 電子海報

為鼓勵家長及學生善用正向的技巧和心態面對各種挑戰，教育局製作了一系列的電子海報，供家長及學生參考。

<https://www.edb.gov.hk/tc/teacher/prevention-of-student-suicides/resourcepackagesandguidelines.html>



(a) 「自我關懷」電子海報 (最新推出)

- 學生篇：檢查一下，看看你能否完成至少4項不同顏色的活動！
- 家長篇：坐言起行，再次燃亮你心中的火花！



(學生篇)



(家長篇)

(b) 「以正面態度面對考試結果」電子海報

- 學生篇：無論結果如何，五個貼士幫你正面面對考試成績
- 家長篇：我可以怎樣陪伴子女正面面對考試結果？



(學生篇)



(家長篇)

(c) 「疫情考試善用法寶積極面對」電子海報

- 學生篇：你想要哪件法寶幫你準備考試？
- 家長篇：考試期間我想關心和鼓勵子女，可以怎樣做？



(學生篇)



(家長篇)

(d) 「守望關愛 專業協助」電子海報



(守望篇)



(求助篇)

3. 「提升生命韌力」小錦囊

(學校篇、家長篇及學生篇)

為幫助學校人員和家長及早識別有情緒問題的學生並提供適時支援，以及協助學生提高應對逆境的韌力，教育局製作了「提升生命韌力」小錦囊。



(學校篇)



(家長篇)



(學生篇)

4. 「好心情@香港」生活情境漫畫

為幫助學校推廣心理健康，教育局製作了一系列「生活情境漫畫」的 X-框，讓學校配合「與人分享」、「正面思維」及「享受生活」舉辦活動。有關借用詳情，可參閱「生活情境漫畫」X-框借用申請表格。

https://www.edb.gov.hk/tc/edu-system/special/resources/joyfulatschool/school_promotion_activity.html



5. 教育局 – 家長智 Net

「家長智 Net」是為家長而設的教育資訊網頁，方便幼稚園及中、小學的家長取得支援學童身心發展的資訊，其中包括親子關係、管教子女、兒童精神健康等。

<https://www.parent.edu.hk/>



6. 好心情@學校

為了加強在學校推廣心理健康的工作，教育局聯同衛生署舉辦「好心情@學校」計劃，將「好心情@HK」的三個主要元素：「與人分享」、「正面思維」及「享受生活」進一步在學校推展，並透過一系列的活動，提升學生對精神健康的關注和認識。

<https://www.edb.gov.hk/tc/edu-system/special/resources/joyfulatschool/joyful.html>

